

NORTH BERWICK DAY CENTRE

NEWSLETTER

SUMMER 2025



Welcome to our Summer newsletter

Here comes the sun! Hopefully!

We're all looking forward to some lovely weather to enjoy our garden here at the day centre and also have some runs out on our new bus (pics coming soon).

Ice-creams by the seaside who doesn't like that? We hope you have lovely holidays wherever you go

North Berwick
Day Centre



VOLUNTEERS URGENTLY NEEDED

Have you got interests and skills you can share with our members here at the day centre?

Here are some ideas!

- Music
- Singing
- Sport
- Art
- Gardening
- Dancing
- IT skills
- Walking
- History
- Crafts

We also need
Bus PAs

ASSISTING OUR
MEMBERS TO AND
FROM THE DAY
CENTRE

www.nbdaycentre.org.uk

Contact Us
T: 01620 890906



VOLUNTEER PARTY

We will be having a volunteer party to celebrate all the hard work, support and kindness you all give to the day centre and Reachout.

Keep the 14th August 3.30pm-5.30pm free!

We welcomed Debbie Huntley as our new cook. Debbie is settling really well and getting to know everyone. All are looking forward to some yummy dinners and cakes!



Join the Day centre



You can pick up a referral form at the day centre or we can post one out. Alternatively, phone, email or download one from our website at:

<https://www.nbdaycentre.org.uk/>

We are also now on Facebook as North Berwick Day Centre.

We look forward to welcoming you into the Day Centre!



We said goodbye to Linda Scott who was a support worker for many years at the day centre and then kindly stepped in as relief cook. All at the day centre and Reachout services wish Linda well in her well deserved retirement.

Coffee Morning



Our next coffee morning will be on the 19th July!
Please come along and support the Day Centre and our Reachout service. Coffee/tea and cake will of course be available. If you'd like you can also support us by donating something to our raffle. It would be greatly appreciated. See you there soon!



**NORTH
BERWICK
REACHOUT
SERVICE**

Supporting people in our community

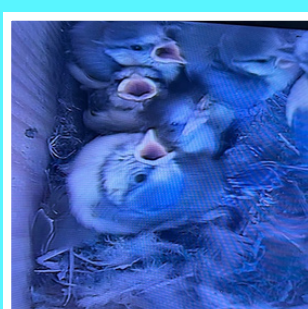
Our **Reachout** service is going from strength to strength. reachout provides support for people to do the things they enjoy! That could be company in the home, going for a coffee, assisting them with shopping, going for a walk and taking part in community activities. These activities may help people stay at home for longer and promote independence as well as supporting them be involved in their community.

Please get in touch with Janice, Julie or Scott on
reachout@nbdaycentre.org.uk

Some of What we've been up to recently



Some of our members and volunteers had an interesting trip to the Museum of Flight



Another year and more Blue Tits!



Lovely lunch for members and volunteers at Winterfield



Trip to the lovely Aimsfield Walled Gardens



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Fun in our sunny garden



Trip on the Trixie Trishaw



Trip on the Trixie Trishaw



Trip on the Trixie Trishaw



Celebrating VE Day



Wonderful day at M&S for shopping and lunch



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John Guy in to tell us about the plane he built at East Fortune



Trip to Seabird Centre



Trip to Seabird Centre



Quizzes! Everyone loves them



Tesco donates wonderful flowers for our members to arrange



Sensory talk from the Seabird Centre



Who doesn't like to out in the sun? Ice creams were enjoyed by all!



Having a chat over a coffee



Visit to North Berwick harbour



Having a look around Archerfield after a coffee



Enjoying an exhibition at St Andrew
Blackadder Church



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Shopping trip with Reachout



Day out to Archerfield Walled Garden
Centre



Enjoying an ice cream in the sun with Reachout



A lovely visit to North Berwick Museum



Shetland pony visit!



.....more Shetland ponies. You can never have too many!